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After Cancer of Unknown Primary Treatment

Get information about life as a cancer survivor, next steps, and what you can do to help.

Living as a Cancer Survivor

For many people, cancer treatment often raises questions about next steps as a survivor.

- [Living as a Cancer of Unknown Primary Survivor](#)

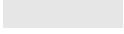
Cancer Concerns After Treatment

Treatment may remove or destroy the cancer, but it is very common to worry about cancer coming back or treatment no longer working.

- [Second Cancers After Cancer of Unknown Primary](#)

Living as a Cancer of Unknown Primary Survivor

- [Follow-up care](#)
- [Ask your doctor for a survivorship care plan](#)



Some amount of feeling depressed, anxious, or worried is normal when cancer is a part of your life. Some people are affected more than others. But everyone can benefit from help and support from other people, whether friends and family, religious groups,



These steps may also lower the risk of some cancers.

See [Second Cancers in Adults](#)⁶ for more information about causes of second cancers.

Hyperlinks

1. www.cancer.org/cancer/survivorship/long-term-health-concerns/recurrence.html
2. www.cancer.org/cancer/risk-prevention/tobacco.html
3. www.cancer.org/cancer/screening/american-cancer-society-guidelines-for-the-early-detection-of-cancer.html
4. www.cancer.org/cancer/risk-prevention/diet-physical-activity.html
5. www.cancer.org/cancer/risk-prevention/diet-physical-activity/alcohol-use-and-cancer.html
6. www.cancer.org/cancer/survivorship/long-term-health-concerns/second-cancers-in-adults.html

References

Rock CL, Thomson C, Gansler T, et al. American Cancer Society guideline for diet and physical activity for cancer prevention. *CA: A Cancer Journal for Clinicians*. 2020;70(4). doi:10.3322/caac.21591. Accessed at <https://onlinelibrary.wiley.com/doi/full/10.3322/caac.21591> on June 9, 2020.

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Written by

The American Cancer Society medical and editorial content team
(<https://www.cancer.org/cancer/acs-medical-content-and-news-staff.html>)

Our team is made up of doctors and oncology certified nurses with deep knowledge of cancer care as well as editors and translators with extensive experience in medical writing.

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